

**ETDSF SPORT RULES
2014**

Sport: 14.1 Badminton				
Categories	ADULTS: Male and Female			
	Singles Transplant	Singles Dialysis	Doubles Transplant & Dialysis	Mixed Doubles Transplant & Dialysis
	18-29 years	18-29 years	18-29 years	One category, one set of medals
	30-49 years	30-49 years	30-49 years	
	50 years and over	50 years and over	50 years and over	
	UNDER 18'S: Male and Female			
	Singles Transplant		Singles Dialysis	
	12-14 years		12-14 years	
	15-17 years		15-17 years	
	Rules	<ul style="list-style-type: none"> • Best of 3 games to 15 (Rally scoring) • Round Robin in the elimination to semi finals • Doubles pairings will play in the category of the younger partner • At least 8 courts to be provided • Legalább 8 pályát kell biztosítani. • Referee for each court • Tournament will be governed by International Badminton Federation Rules (http://is.gd/badmintonrules), except as modified herein 		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 			
Attire & Equipment	<ul style="list-style-type: none"> • Non-marking trainers • Equipment: Players provide own racquets. Shuttlecocks will be provided 			
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved 			

Sport: 14.2 Cycling				
Categories	ADULTS: Male and Female			
	5 km Time Trial Transplant	5 km Time Trial Dialysis	20 km Road Race Transplant	20 km Road Race Dialysis
	18-29 years	18-29 years	18-29 years	18-29 years
	30-39 years	30-39 years	30-39 years	30-39 years
	40-49 years	40-49 years	40-49 years	40-49 years
	50-59 years	50-59 years	50-59 years	50-59 years
	60-69 years	60-69 years	60-69 years	60-69 years
	70 years +	70 years +	70 years +	70 years +
	UNDER 18'S: Male and Female			
	5 km Time Trial Transplant		5 km Time Trial Dialysis	
	12-14 years		12-14 years	
15-17 years		15-17 years		
Rules	<ul style="list-style-type: none"> • 5 km closed circuit time trial: The winner in each age group will be the individual with the lowest elapsed time • 20km Road Race: Some age group races may be combined in the interests of competition, but no race should contain more than 25 competitors • Juniors are not permitted to compete in the 20km event • The event will be governed by International Cycling Union Rules (http://is.gd/cyclerules), except as modified herein 			
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented at the end of the competition 			
Attire & Equipment	<ul style="list-style-type: none"> • Helmets are compulsory and must be provided by the competitor • Bicycles are not available for rent. Competitors must provide their own • Bicycles must be in a safe and rideable condition - all bicycles are subject to a safety inspection • Aero-bars are not permitted 			
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved 			

Sport 14.3 Darts			
Categories	ADULTS: Male and Female		
	Singles Transplant	Singles Dialysis	Triples Transplant & Dialysis
	18-29 years	18-29 years	One category, one set of medals
	30-39 years	30-39 years	
	40-49 years	40-49 years	
	50-59 years	50-59 years	
	60-69 years	60-69 years	
	70 years +	70 years +	
Rules	<ul style="list-style-type: none"> • In singles events the starting total is 301, for the triples event it is 501 • The first to reduce their score to exactly zero is the winner. Competitors do NOT need to finish on a double • If a score greater than that required to reach zero is thrown then none of the three darts count for that round and the score remains the same • It is a single elimination tournament with matches being the best of three legs • There must be at least one female competitor in every Triples team • The event will be governed by World Darts Federation Rules (http://is.gd/dartsrules), except as modified herein 		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 		
Attire & Equipment	<ul style="list-style-type: none"> • Competitors must wear sports clothing and sports shoes • Competitors must provide their own darts 		
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved 		

Sport: 14.4 Mini Marathon				
Categories	ADULTS			
	5 km Man Transplant	5 km Man Dialysis	5 km Ladies Transplant	5 km Ladies Dialysis
	18-29 years	18-29 years	18-29 years	18-29 years
	30-49 years	30-49 years	30-49 years	30-49 years
	50 years and over	50 years and over	50 years and over	50 years and over
	Open Category Team Event			
	Team competition: One open age category (Transplant & Dialysis combined) in each gender.			
Rules	<ul style="list-style-type: none"> The event will be staged over a road course or on footpaths wide enough to allow for a safe event. Every effort will be made to provide maximum security for the competitors Water will be available as dictated by the course but ideally at approximately $\frac{2}{3}$ of the course distance 			
Medal Structure	<ul style="list-style-type: none"> The individual medallists will be the first three finishers in each category. Medals to be presented at the end of the competition. Team Event: Medals are determined by adding the finishing times of the first three individuals from each country with the lowest combined time being declared the winner. 			
Attire & Equipment	<ul style="list-style-type: none"> Competitors must wear sports clothing and sports footwear 			
Protests	<ul style="list-style-type: none"> Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 			

Sport: 14.5 Golf	
Categories	Male and female will compete together. The golfers will be banded in the best interests of competition according to golf handicaps submitted
Rules	<ul style="list-style-type: none"> • A Golf Handicap certificate issued from a recognised authority during the 3 months prior to the date of competition must be submitted in advance of the Games to be considered eligible for the Net competition • The tournament is played in the format of stroke play (Stableford scoring). Both Gross and Net scores should be recorded where applicable • Ties will be resolved by ranking the holes by difficulty and then comparing the • The tournament has a handicap limit of 25 • The ETDSF reserves the right to refuse any handicap certification • The event will be governed by the Royal and Ancient Golf Club of St. Andrews Rules (http://is.gd/golfrules), except as modified herein
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver a Bronze medals will be awarded for each Handicap band according to both the Gross and the Net scores • A player can only win ONE golf medal, (either in the Gross OR the Net competitions) • Medals will be awarded such that a player in a position for a medal in both categories will always get the higher medal
Attire & Equipment	<ul style="list-style-type: none"> • A shirt with a collar and golf shows must be worn • Every player must bring their own equipment. Golf Buggies will be available.
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved.

Sport: 14.6 Petanque			
Categories	ADULTS: Male and Female		
	Singles Transplant	Singles Dialysis	Doubles Transplant & Dialysis
	18-29 years	18-29 years	18-29 years
	30-39 years	30-39 years	30-39 years
	40-49 years	40-49 years	40-49 years
	50-59 years	50-59 years	50-59 years
	60-69 years	60-69 years	60-69 years
	70 years +	70 years +	70 years +
Rules	<ul style="list-style-type: none"> • Round Robin in the elimination rounds to semi finals • Matches play first to 13 wins or the score at 40 minutes counts • The Petanque tournament will be played by the rules set by the International Petanque Federation except as modified herein. (http://is.gd/petanquerules). 		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 		
Attire & Equipment	<ul style="list-style-type: none"> • Competitors must wear sports clothing and sports shoes • Competitors should provide their own petanque balls. If they cannot, they must inform the organisers in advance of the day of the Opening Ceremony 		
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 		

Sport: 14.7 Swimming		
Categories		
	Age Categories	Events
Transplant & Dialysis	18-29 years	<ul style="list-style-type: none"> • Freestyle:: 50 m, 100 m, 400 m • Breast Stroke: 50 m • Back Stroke: 50 m, 100 m • Butterfly:: 50 m, 100 m • Individual Medley: 200 m • Freestyle Relay: 4x50 m (Transplant & Dialysis mixed) • Medley Relay: 4x50 m (Transplant & Dialysis mixed)
	30-39 years	
	40-49 years	
	50-59 years	
	60-69 years	
	70 years +	
	12-14 years 15-17 years	<ul style="list-style-type: none"> • Freestyle: 50m, 100m, 200m • Breast Stroke: 50m, 100m • Back Stroke: 50m, 100m • Butterfly: 50m
	9-11 years	<ul style="list-style-type: none"> • Freestyle: 50m • Breast Stroke: 50m • Back Stroke: 50m • Butterfly: 50m
Rules	<ul style="list-style-type: none"> • 50m or 25m pool preferably with 8 lanes • Electronic timing or timekeeper for each lane measuring the eight fastest times to final • Stroke judge to monitor every lane • When appropriate, age categories may be combined in the interests of competition and meet management but will be medalled separately • The event will be governed by Federation Internationale de Natation (FINA) rules, except as modified herein.. http://is.gd/swimrules 	
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented at the end of the competition 	
Attire & Equipment	Ideally, swim Hats should be worn by all swimmers	
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 	

Sport: 14.8 Table Tennis				
Categories	ADULTS: Male and Female			
	Singles Transplant	Singles Dialysis	Doubles Transplant & Dialysis	Mixed Doubles Transplant & Dialysis
	18-29 years	18-29 years	18-29 years	One category, one set of medals
	30-49 years	30-49 years	30-49 years	
	50 years and over	50 years and over	50 years and over	
	UNDER 18'S: Male and Female			
	Singles Transplant		Singles Dialysis	
	12-14 years		12-14 years	
	15-17 years		15-17 years	
	Rules	<ul style="list-style-type: none"> • At least 12 tables • An independent referee per table • Best of 5 games to 11 • Round Robin in the elimination to semi-finals • Doubles pairings will play in the category of the younger partner. • Tournament will be governed by International Table Tennis Federation Rules (http://is.gd/tabletennisrules), except as modified herein 		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 			
Attire & Equipment	<ul style="list-style-type: none"> • Non-marking trainers • Dark shirts must be worn (different colour to the balls used) • Equipment: Players provide own paddles. Balls will be provided 			
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 			

Sport: 14.9 Tennis				
Categories	ADULTS: Male and Female			
	Singles Transplant	Singles Dialysis	Doubles Transplant & Dialysis	Mixed Doubles Transplant & Dialysis
	18-29 years	18-29 years	18-29 years	One category, one set of medals
	30-49 years	30-49 years	30-49 years	
	50 years and over	50 years and over	50 years and over	
	UNDER 18'S: Male and Female			
	Singles Transplant		Singles Dialysis	
	12-14 years		12-14 years	
	15-17 years		15-17 years	
	Rules	<ul style="list-style-type: none"> • At least 8 courts • An independent umpire per court. • First to 8 games matches to semi finals • Tie Break (12 points) at 7 games all • Best of 3 sets for semi-finals and finals • Doubles pairings will play in the category of the younger partner • Tournament will be governed by International Tennis Federation Rules (http://is.gd/tennisrules), except as modified herein 		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 			
Attire & Equipment	<ul style="list-style-type: none"> • Competitors must wear sports clothing and sports shoes • Equipment: Players provide own racquets. Balls will be provided 			
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 			

Sport: 14.10 Ten Pin Bowling				
Categories	ADULTS: Male and Female			
	Singles Transplant	Singles Dialysis	Doubles Transplant & Dialysis	Mixed Doubles Transplant & Dialysis
	18-29 years	18-29 years	18-29 years	One category, one set of medals
	30-39 years	30-39 years	30-39 years	
	40-49 years	40-49 years	40-49 years	
	50-59 years	50-59 years	50-59 years	
	60-69 years	60-69 years	60-69 years	
	70 years +	70 years +	70 years +	
	UNDER 18'S: Male and Female			
	Singles Transplant		Singles Dialysis	
12-14 years		12-14 years		
15-17 years		15-17 years		
Rules	<ul style="list-style-type: none"> • At least 16 lanes • Officials to monitor lanes • 3 game competition in singles & doubles (15-17 years and all adult age categories) • 1 game competition in singles (9-11 years and 12-14 years) • The Ten Pin Bowling tournament will be played by the rules set by the World Ten Pin Bowling Association except as modified herein. (http://is.gd/tenpinbowlingrules) 			
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented throughout the event as categories are completed 			
Attire & Equipment	<ul style="list-style-type: none"> • Competitors must wear sports clothing and bowling shoes • Competitors can provide their own bowling balls. If they cannot, they can use the house balls available at the venue. 			
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 			

Sport: 14.11 Track & Field		
Categories		
Transplant & Dialysis	Age Categories	Events
	18-29 years	Track: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m (female), 5000 m (male), Power Walk, 4x100 m Relay (transplant & dialysis) Field: Long Jump, High Jump, Javelin, Discus, Shot Putt, Cricket Ball Throw
	30-39 years	
	40-49 years	
	50-59 years	
	60-69 years	
	70 years +	
	Age Categories	Events
	6-8 years	Track: 50 m
	9-11 years	Field: Long Jump, Cricket Ball Throw
12-14 years	Track: 100 m	
15-17 years	Field: Long Jump, Cricket Ball Throw	
Rules	<ul style="list-style-type: none"> • 8 lane 400 m running track • Official Starter, Timekeeper for each lane or Electronic Timing and Field Judges required • For sprints (100m, 200, 400m) starting blocks should be available but are not compulsory • There will be separate heats in each age group if more than 8 individuals compete. Advancement to the final is based solely on times. If fewer than 8 competitors, then there will be a straight final • The 5000m and 3000m Walking event is a Power Walking event. There is one rule. Disqualification will result when athletes are judged to be running (both feet off the ground at the same time) in 3 separate instances by 3 separate officials during the course of the race. • Field events: There will be 3 preliminary attempts with the 8 best participants advancing to the final. There will be 3 further attempts in the final. Otherwise there will be 3 attempts only. • The competition will be governed by International Amateur Athletics Federation rules (http://is.gd/athleticrules) except as modified herein. 	
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented throughout the event as categories are completed 	
Attire & Equipment	<ul style="list-style-type: none"> • Competitors must wear appropriate sports clothing • Running spikes are permitted. 	
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 	

Sport: 14.12 Beach Volleyball		
Categories		
Transplant & Dialysis	Male / Female	Events
	Mixed Gender	One open age category, one set of medals
Rules	<ul style="list-style-type: none"> • One team per country where transplant recipients and people on dialysis play together. • If there are not enough players to form a national team, team managers collect names of people interested from their country and submit them to the LOC before the Games begin. • There should be provision for at least one multi-national team to form and to participate but the players cannot medal. • Participation in the volleyball competition counts as one of the maximum 5 events. • Depending on the number of teams, the first round will be played as a round robin. The top team(s) in each group will then progress to the knock-out stages, which will use standard seeding procedures. • For all matches up to and including quarter finals, games will be played over a time period of 12 minutes. The first team to score 15 points or the team with the highest score at the end of the allotted time period will be the winner. The medal rounds (semi finals and finals) will be best of 3 games each having a maximum duration of 12 minutes. The first team to score 15 points or the team with the higher score at the end of the 12 minutes will win the game. • The competition will be governed by Federation International de Volleyball rules (http://is.gd/beachvolleyballrules) except as modified herein. 	
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Bronze medals will be awarded to both losing semi-finalists • Medals to be presented throughout the event as categories are completed 	
Attire & Equipment	Competitors must wear appropriate sports clothing	
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 	

Sport: 14.13 Virtual Triathlon		
Categories		
	Male / Female	Events
Transzplantált és dializált	<ul style="list-style-type: none"> • open male • open female 	One set of medals for each gender category.
Rules	<ul style="list-style-type: none"> • This event will be contested by adding the individual times in the following events: 5 km Road Race; 400 m Freestyle Swim; 20 km Cycling event • Medals will be awarded to the lowest combined times for the three events. • By registering for this event, the competitor is automatically entering the aforementioned 3 events. This does not count as an additional 4th event in its own right. • Competition is by gender only, (no age categories). • To be eligible, an athlete must be deemed to have competed in each of the three events according to the rules of each event. 	
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented throughout the event as categories are completed 	
Attire & Equipment	Competitors must wear appropriate sports clothing.	
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 	

Sport: 14.14 Summer Biathlon		
ADULTS: Male and Female		
Categories	Singles Transplant	Singles Dialysis
	18-29 years	18-29 years
	30-49 years	30-49 years
	50 years and over	50 years and over
Rules		
Medal Structure	<ul style="list-style-type: none"> • Gold, Silver and Bronze medals will be awarded for each category • Medals to be presented throughout the event as categories are completed 	
Attire & Equipment	Competitors must wear sports clothing appropriate to the sport	
Protests	<ul style="list-style-type: none"> • Official protests are made to the senior official for the relevant sports competition with payment of €50 or local equivalent within 30 minutes of declaration of the event results • Protests will be dealt with by the Judiciary Committee in consultation with the senior official for the sport involved. 	